

Tours

It is necessary to make a reservation to any of the following tours. Please, send an email to Pablo Rodríguez: pablo70@hotmail.com

Payments will be done at the place of departure, half our before. There are five tours scheduled for Wednesday, Saturday, and Sunday.

Wednesday, October 8

Tour No. 1

Visit to the GUADALUPE SHRINE and TEOTIHUACAN PYRAMIDS

- Price: \$40 Dlls. per person
- Departure: 9:30 Hrs.
- Total time: 6 hours and a half
- Place for pick up: Hotel María Isabel Sheraton

We will begin our journey visiting the Square of the ‘Three Cultures,’ where the past and the present mix. We will also visit the Basilica of Our Lady of Guadalupe, Patroness of America; continue to the impressive archeological zone of Teotihuacan, to admire the monumental Pyramids of the Sun and the Moon, the temple of Quetzalpapalotl, the citadel and the avenue of the dead. We will also visit an arts & crafts center.

Tour No. 2

Downtown Mexico City by “TURIBUS”

- Price: \$18 Dlls. per person
- Departure: 6:00 pm
- Total time: 2 hours
- Place for pick up: Monumento del Ángel (monument of ‘the angel,’ outside Hotel María Isabel Sheraton)

Dividing from the Monumento a la Independencia, on a bus with a beautiful sight to the biggest city of the world, the Turibus makes a tour

for the most interesting places of the zone center of the Mexico City. Crossing the most important avenues, also one comes to the most important monuments, as the Monumento a la Revolucion, El Angel de la Independencia, El Palacio de las Bellas Artes, El Zócalo, besides Bosque de Chapultepec, Parque España and some other representative places and attraction of the city. Tourists can descend from the bus every once in a while, being able to observe the marvels that we have around.

Saturday, October 11

Tour No. 3

GRAND TYPICAL NIGHT TOUR

- Price: \$50 dlls per person
- Departure: 21:30 Hrs.
- Total time: 2 hours and a half
- Place for pick up: Hotel Sheraton María Isabel

A remarkable sightseeing tour through the most glamorous districts of the city, to admire its illuminated monuments, avenues and parks, and its famous “Plaza Garibaldi” that is the meeting place of the *Mariachis*, to enjoy a Mexican typical show, and also dance with live music (includes one drink).

Sunday, October 12

Tour No. 4

Visit to the GUADALUPE SHRINE and TEOTIHUACAN
PYRAMIDS

- Price: \$40 Dlls. per person
- Departure: 9:30 Hrs.
- Total time: 6 hours and a half
- Place for pick up: Hotel María Isabel Sheraton

We will begin our journey visiting the Square of the ‘Three Cultures,’ where the past and the present mix. We will also visit the Basilica of Our Lady of Guadalupe, Patroness of America; continue to the impressive archeological zone of Teotihuacan, to admire the monumental Pyramids of the Sun and the Moon, the temple of Quetzalpapalotl, the citadel and the avenue of the dead. We will also visit an arts & crafts center.

Tour No. 5

TEMAZCAL

- Price: \$40 dlls per person (includes lunch)
- Departure: 8:00 and 10:00 Hrs.
- Total time: 4 hours and a half
- Place for pick up: Hotel María Isabel Sheraton

The Temazcal is traditional. It is neither sauna, nor spa, nor the Turkish baths. Although these others are also very charitable, the importance of the temazcal comes from its cultural load that makes a magic experience, and immerses us in the mystery and the fascination of our thousand-year-old roots. Other baths of steam exist, as the Turks, the Filipinos, the sauna, the SPA, etc. All of them are very charitable, nevertheless, the temazcal is different in several things: the temazcal uses medicinal plants to produce the steam, which increases its medicinal qualities and fills the environment of an exquisite aroma; besides, it is warmer, producing curative major effects; but, especially, the temazcal is an ancient ritual, a ceremonial abundance of the magic of our thousand-year-old roots, that fill with health our body, puts us in touch with ourselves and our culture, fascinating our mind and our senses, purifying likewise our spirit. Please, consider the following:

A. SUITABLE CLOTHES

- Use cotton cloths
- Bring sandals
- Bring towel
- Men: with short or swimming suit
- Women: with short or swimming suit

B. SUITABLE NOURISHMENT

- Eat two hours before taking the temazcal
- Eat healthy food before
- Drink enough water

